

TREKKING PACKAGE

MANASLU TREK



Jwagal, Kupondole

Lalitpur, Nepal

Phone: +977 1 2298088 (9851168422)

Email: admin@travels2nepal.com

URL: <http://www.travels2nepal.com>

A) OVERVIEW:

Trip Duration: 19 Nights / 20 Days
Trekking Grade: Moderate
Max.Elevation: 5135 m.
Trekking Type: Tea House /camping
Best Season: Feb-June/ Sept-Nov.
Start /Ending : Arughat Bazaar/Besisahar
Group Size: Min. 01-05 Pax

B) SUMMARY:

Manaslu Circuit Trek located North Middle of Nepal border in Tibet .Officially opened to trekking in 1990 and just as suddenly forbidden again, it was finally "reopened" in 1992 along with Mustang. The challenging part of Manaslu Circuit Trek is Larkya La 5215m(Larke Pass). Manaslu, at 8118m high 8th highest peak in the world. This trekking is start from Arughat(640m) and Ending will be Besisahar(720m).A Government quota, however, limits the number of visitors to the area hence its restricted access. Strenuous trekking in Manaslu region is constantly rewarded with brilliant mountain vistas of the Ganesh and Manaslu Himal ranges and insights into the cultures of a cross-section of ethnic Nepalese tribes and peoples, perhaps not available on any other trek. Starting, in the lush green lower hills inhabited by Indo-Aryan Hindus, you will pass through middle hills which is inhabited by the Tibetan-Burmese, Magar, Rai, Limbu and Tamang people who follow both Hinduism and Buddhism and sometimes Shamanism, to emerge into the high, arid desert region that is actually a part of the Tibetan Plateau where people of Tibetan Stock dwell and where the predominant religion is Tibetan Buddhism.

C) ITINERARY:

Day 01	Arrival in Kathmandu Airport, receive and transfer to hotel by our representative.
Day 02	Kathmandu Valley Sightseeing
Day 03	Drive Kathmandu to Arughat (640meters) 8 hours.
Day 04	Arughat to Soti Khola (775meters) 6 hours.
Day 05	Soti to Machha Khola (900meters) 5.30 hours.
Day 06	Machha Khola to Jagat (1340meters) 6 hours.
Day 07	Jagat to Ngyak (2310meters) 6 hours.
Day 08	Ngyak to Ghap (2100meters) 6 hours.
Day 09	Ghap to Lho (3200meters) 6 hours.
Day 10	Lho to Samagompa (3500 meters) 6 hours.
Day 11	Acclimatization and exploration day.
Day 12	Trek to Dharmasala (4450meters) 6 hours.
Day 13	Trek to Bhimphedi 3590m via Crossing Larkya La 5215m 8 hrs.
Day 14	Bhimphedi to Tilje (3900meters) 5 hours.
Day 15	Tilje to Tal (1725meters) 5 hours.
Day 16	Tal to Jagat (1300meters) 5 hours.
Day 17	Jagat to Besisahar (720m) 6 hours.
Day 18	Drive back to Kathmandu by bus 7 hours.
Day 19	Free day in Kathmandu. Overnight at hotel.
Day 20	Departure to your own Destination.

D) PRICE OF THE PACKAGE:

Total Package Price (Normal) = USD 1151 / Per Person

Total Package Price (Special) = USD 1451 / Per Person

E) PRICE INCLUDES:

- ❖ Airport Pick-up and Drop Service.
- ❖ 3 Nights hotel in Kathmandu on Bed and Breakfast plan.
- ❖ 2 Nights hotel in Pokhara on Bed and Breakfast plan.
- ❖ All meals during trekking (3 meals a day + tea & coffee).
- ❖ Sightseeing tours with govt. license holder tour guide.
- ❖ Govt. license holder trekking guide and Porter During the trekking.
- ❖ All ground transportation as per itinerary.
- ❖ All transportation, food, salary, daily wages, allowance for all Nepali staffs.
- ❖ National park entrance fee.
- ❖ TIMS card fee.
- ❖ Insurance for Nepali staffs.

F) PRICE EXCLUDES:

- ❖ Airfare domestic / international
- ❖ Nepal entry visa fee.
- ❖ You will require 2 passport size photos.
- ❖ Airport tax domestic / international
- ❖ Hard / Soft Drinks like alcohol and coke and mineral water
- ❖ Any kind of personal expense / Helicopter rescue
- ❖ Personal travel and medical insurance
- ❖ Tips for guide /sherpa/ porter (expect some tips, it is up to you).
- ❖ Any expenses which is not maintain in above include list

NOTE:

- **For Group Package, contact us.**
- **For more information, email us.**